

Date: June 4, 1982

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Category: Gordon and other Talks-Reports

Rec. 6/4/82

Dear John,

As I sit down to write you today I am not sure as yet what Spirit wishes to convey to you this day. As we want fresh energy to begin flowing well, let me say what I know within myself that the foundation will make it through these testing times of formation. I know Michael did not share with me so many years ago this idea and inspire you John to bring it into being unless it was meant to be. just as it took time for us to come together in this life to begin the work and just as it took time for you to draw the people together to start the foundation on its way, so it will take time for it to come together and really begin to run smoothly. There is much to much higher love and Spiritual will behind the foundation for it not to succeed. And now to a message from our Brothers.

John, greetings from a host of us here on the inner planes of light. We have gathered together at this time to share with you our light & love and express to you our joy at your work. It will take time for the group to get past all personality and truly flow harmoniously with the flow of the spiritual energy of the Foundation. As you have seen around you now in the past 3 months, as the

The struggle each of you are encountering today will help you in times to come for now is the time to clean up the past and past emotional and mental frames. You all are having to feel with karma developed both in past lives and this life as well.

Through chi cleansing and revaluation of self and motives, the foundation has a whole will be strong and survive. Work together to better understand each other and learn to help each other so eventually your energies will harmonies into one and that one energy will then be the true energy of light and love we can work with to develop and complete the goals we have set down for the foundation.

Unfortunately the Path you are on is not the easiest path for much is given up personally in order to gain the higher goal. few can testify to the personal sacrifice & time given up of self for our goals.

We ask of you each a great deal and in return expect nothing for yourselves. What you will gain eventually through your giving will be personal growth and understanding through that growth and the growth comes from the struggle and work to accomplish our goals. More than that we can not give you for there is nothing more to give except for our loving support and gratitude for your effort and our joy in working with you on your growth as you reach out to help others.

Each day, blessings of light come to each of you and surround you to bring about and easing of the outer tensions and an understanding of the growth needed. It is up to each of you to open your minds and open your hearts and minds to this light so it can truly do its work. If you stand determined to do it on your own and force the energy to flow as you desire it, each of you will fold under the current of the flow, but if you open to the higher and learn to flow with the movement of spiritual energy and growth, you will see that life, change, and development will be much easier and understanding will come with this flow.

Often times our Blessings role of off your backs as does the water off a Duck's back.

Back only because your energies
are so tied up in self and the worldly
tumors around you it seals your aura
from us, just as the oil seals the ducks feathers
from water. You must learn, each of you,
to open your Auras daily and allow
the flow of the Holy Spirit to flow into
your life and in this way we can
give you support and love and guidance.
Let your aura open at the Crown Chakra
and let it open in love and in return
receive the love of God, the love of the
Holy Spirit. That love and light is always
there, what matters is where your consciousness
is at. whether it be so involved in Earthly
matters and in this way you are closed
off and sealed to the reality, or if
you open up your consciousness to the
higher love and allow the flow of the
higher life and love into your life.

We ask of you, do not close you self
off from us, for we need each of you and
the gifts you have to share with the world
and you need the higher love and light to
help make the path clear and smooth.

We ask of you, open up your hearts
and minds and receive the Breath of
the Holy Spirit, the Love of God and allow
that love to change your life.

In Love & Light

Your Brother

Until next time John!

In the Master's Light
Theresa Jim